

GP Advanced Physiotherapy role

Hello my name is Susan Duncan and I am the new Gp Advanced Physiotherapy Practitioner (Gp APP) working 3 days a week at Whinpark MP.

What is a Gp APP?

A new role supported by Scottish Government aiming to free up GP time which aims to be **patient centred, cost effective and to provide tailor made expert MSK assessment and advice**"

During the outbreak of Covid-19 the NHS Inform MSK helpline has been suspended. I can reassure you that I will be available on a Monday to discuss musculo-skeletal problems such as joint or muscle pains, strains and low back and neck pain via a telephone consultation for anyone over the age of 16.

Following this I can send out any information that I feel would be useful for your recovery or seek further medical help if I feel that it is needed.

Benefits for patients

- Quick, timely access to specialist advice
- Accessing the most appropriate care pathway at the right time
- Longer appointment times, 20 minutes
- Empowerment to self manage
- Opportunity to gain lifestyle/physical activity advice

Benefits for Gp's

- Less musculo-skeletal (MSK) appointments
- More time to manage complex medical cases
- Sharing of skills in-house

Benefits for the NHS

- Less testing and prescribing
- Reduced secondary care referrals
- Shorted waiting times in secondary care
- Improved conversion rate to surgery when referrals are required.